**Age-Friendly Louisville, Community Supports and Health Services Domain Group**

**Sept 3, 2019 MINUTES**

**Location: Jewish Family and Career Services**

**The next AFL Community Support & Health Services will be:**

**Tuesday, October 1, 2019 2-4PM**

**University of Louisville Trager Center 204 E. Market, Suite A Louisville, KY 40202**

**On 9-3-19, the following were able to be present:**

Coby Watier\*†(My Health E), Sarah Teeters†, P. Yankeelov†, Margie Miller (geriatric CM), Denise Pass (AARP), Jan Sherrill (MUW), Sheila Levy (CARAT/KATS Network), Beth Ralston (Active Day), Carol Fout-Zignani (Norton) Kelly Nason (Age-Friendly Louisville- AmeriCorps VISTA member), Sheila Carter (Heartsong Memory Care)

\*Minute taker, †Domain Group Facilitators

1. **First Responders Subcommittee**: The committee did an extensive search for a curriculum and was not successful in finding something that the first responders could utilize in their training.
2. document and suggested that this could be one component used to aid the communication between First Responders and patients in the event of an emergency.
3. **Coby Watier suggested the book:** Geriatric Education for Emergency Medical Services as a possible resource as another component to help in the creation of a curriculum. Geriatric Education for Emergency Medical Services (GEMS) was developed by the American Geriatrics Society and the National Council of State EMS Training Coordinators. GEMS is an exciting curriculum designed specifically to help EMS providers address all of the special needs of the older population. See link below. <https://geriatricscareonline.org/ProductAbstract/geriatric_education_for_emergency_medical_services/B017/?param2=search>
4. **Sarah Teeters** will look into ALZ information regarding first responder training.
5. **Kelly Nason** is Age-Friendly Louisville’s AmeriCorps VISTA member who will be working with the leadership team and providing support to each domain workgroup.
6. **AFL All Domain Meeting** on Wednesday, Sept 26th, 2019 8:30-10:30 at the Muscl Wellness Center 1016 E Burnett Louisville, KY.
7. Mayor Fischer to attend and give opening speech.
8. Bill Armbruster, AARP to speak as well.
9. Domain subroups will offer updates and progress.
10. T**he Resources flier was reviewed:** 
    1. Changes to My Health E TOLL FREE number 1888 685 3535
    2. Margins (right and bottom) need adjustment
    3. Pam to make adjustments and see if links to the 5 resources can be added to the AFL website Resources’ section. This would allow direct link from AFL to all of the 5 resources on the flyer.
    4. Regarding the period after the sentence on the flier, since it is a statement should the period be removed or not
    5. Flier to be place in the Resources section allowing anyone to print the flier for distribution.
    6. Sarah Teeters to review with her office as to what wording bests describes Metro 311.
11. **Pam opened discussion on the 2 AFL CSHS Goals and objectives:** Presenters will be asked to discuss exercise and caregiver resources. They will be given 20 minutes and allow 10 minutes for Q &A.
    * 1. Goal 1 Objective 2 - exercise programs: It was suggested that we gather information from local area exercise providers to better understand what is currently offered.
         1. Sarah Teeters to reach out to Elder Serve on this topic
         2. Coby Watier to reach out to Danny Fortier, Humana to share his experience on this topic at the next Oct. AFL CSHS meeting.
      2. Goal 2 Caregiver resources:
12. Will request Rita Morrow, AARP to present the Prepare To Care class at AFL CSHS October meeting.