

Minutes
Age Friendly Louisville (AFL) Workgroup – Mobility & Accessibility (M&A)
July 8, 2020

The AFC Workgroup – Mobility & Accessibility met on Wednesday, July 8, 2020, 2:00 PM, via Zoom virtual meeting due to the Stay At Home Emergency Order due to the Covid19 virus epidemic. Following is a summary of the formal action taken during the meeting (a more detailed summary follows below):

- **We reviewed minutes of our Jun 10, 2020 Zoom meeting.**
- **We welcomed new member Kim Cordell-Fife of United Health Care**
- **We welcomed our new Vista Coordinator, Avery Crews**
- **Dirk Gowan, Manager, Transportation Dept. Metro Louisville Government, gave an update on road, sidewalk and crossing projects for the coming year.**
- **We reviewed Age Friendly basics and goals as outlined by WHO.**

Facilitator Larry Sloan promptly called the meeting to order at 2:02pm. The following people attended the meeting:

- Larry Sloan, Co-Facilitator
- Kelly Ann Nason, outgoing AFL Leadership Coordinator
- Avery Crews, incoming AFL Leadership Coordinator
- Carolina Rodriguez Curiel, Passport Health Plan, Statewide Community Engagement Representative.
- Kim Cordell-Fife, United Health Care, Community Outreach Representative
- Stephanie Brian, TARC, Paratransit Eligibility Evaluator
- Dirk Gowin, Transportation Division Manager, Louisville Metro Government
- Holly Bagley, KIPDA, Special Projects Coordinator

Minutes of the previous meeting were reviewed.

Dirk Gowin gave an update on projects involving roads, sidewalks, pedestrian crossings, and bike/scooter lanes. The new budgets includes \$20M on streets and roads, \$1M on sidewalk improvements. Plans include changing many four lane streets into two lane streets with a center turning lane, allowing for wider sidewalks to reduce pedestrian deaths. Major improvements are scheduled for East Market Street in NULU to create a pedestrian friendly “street scape”. Sidewalks will be extended from Frankfort Avenue all the way to River Road to improve ped access to the new Botanical Gardens. River Road widening from near the Beargrass Creek bridge to Zone Avenue. Many aging traffic lights will be replaced as well as improved communication cabling in the roads to improve traffic flow.

Age Friendly Cities Review. See attached recap of AFC – WHO information.

TAAC’s next meeting will be virtual and will be held on Tuesday, July 21, 2020 at 1:00 PM.

Workgroup meeting was adjourned at 2:55 PM.

KIPDA Aging & Disability Council Meeting, 10:00 AM August 12, 2020 (Zoom)

Next AFL M&A meeting: Wednesday, August 12, 2020, 2:00PM (Zoom).

M&A ACTION PLAN UPDATE

GOAL 1: Work with RMC to ensure that TARC is affordable and maps are accessible and understandable to everyone.

OBJECTIVE	ACTION	PARTNERS	DEADLINE	METRICS/UPDATE
Have workgroup members on RMC, TAAC to advocate for Goal 1.	1. Our members attend RMC to advocate for Goal 1 and participate in TARC's Comprehensive Operational Analysis. <u>NOTE: RMC HAS NOT MET SINCE FALL OF 2019 TARC has no plans to restart it..</u>	Potentially Louisville Office for Aging/Disabled Citizens (OADC), AARP, KIPDA	2019	Sarah Teeters, OADC, is currently a member of our workgroup. David Algood is a member of RMC
	2. Have members on TAAC	OADC, AARP, KIPDA	2019	Larry Sloan is a council member of TAAC Sarah Teeters, OADC, attends TAAC meetings.
	3. Collaborate on TARC strategic planning (Comprehensive Operational Analysis).	M&A Work Group, Age Friendly Leadership	2020	Target date to begin organizing for this is September 10, 2019. We have not been able to connect with TARC on becoming involved in this planning.

GOAL 2: Improve sidewalks, crosswalks, and signal crossing times/options to ensure aeveryone can access their communities safely.

OBJECTIVE	ACTION	PARTNERS	DEADLINE	METRICS/UPDATE
Work with the MPO (Metro Planning Org) to ensure that Age Friendly improvement of sidewalks, crosswalks and signal crossing times and options are included in the MTP (Metro Transportation Plan).	1. Have one member of our group attend mobility and access meetings to communicate to the group his/her findings and strategized on implementing our Goals.	M&A Work Group Potentially Louisville Office for Aging/Disabled Citizens (OADC), AARP, KIPDA, Institute for Optimal Aging	2019	Sarah Teeters, OADC, is currently a member of our workgroup.
	2. Advocate for funding for age-friendly activities and projects, to include city funding allocation, grants and donation.	M&A Work Group Age-Friendly Leadership	2021	Metric: Amount of funds allocated to age-related projects/efforts.

Next meeting: Wednesday, August 12, 2020 at 2:00 PM via Zoom Teleconferencing

AGE FRIENDLY CITIES

World Health Organization Guidelines

Background

- One million people worldwide turn 60 every month; 80% of these live in developing countries. According to United Nations estimates, the number of older persons (60+) will double from the current 600 million to 1.2 billion by 2025, and again, to 2 billion by 2050. The vast majority of older people live in their homes and communities, but in environments that have not been designed with their needs and capacities in mind.

- To support Governments in developing and strengthening health and social policies in an ageing world, the World Health Organization (WHO) released a Policy Framework on Active Ageing in 2002. Active ageing policy is defined as “optimizing opportunities for health, participation and security in order to enhance quality of life as people age.” The active ageing approach is grounded in the UN-recognized principles of independence, participation, dignity, care and self-fulfilment. It acknowledges the importance of gender, earlier life experiences, and culture on how individuals age. It takes into account the biological, psychological, behavioural, economic, social and environmental factors that operate over the course of a person’s life to determine health and well-being in later year

- Since the release of the Active Ageing Framework, it has been used by WHO as a basis for developing guidelines to make front-line primary health care services more “age-friendly” – that is, more accessible and responsive to the specific needs of older persons. WHO is now turning its attention to the environmental and social factors that contribute to active ageing in urban settings. The aim of the WHO Global Age-Friendly Cities project is to engage cities in several countries to make their communities more age-friendly.

- Making cities age-friendly is one of the most effective policy approaches for responding to demographic ageing. One of the reasons for focusing on cities is that major urban centres have the economic and social resources to make changes to become more age-friendly and can thus lead the way for other communities within their countries. In the developed world, three-quarters of older persons live in cities. Although proportionately more older persons live in rural areas in the developing world, rapid urbanization is gradually reversing the picture: large cities already count substantial numbers of older adult residents.

- What is an Age-Friendly City? Older people face increasing challenges due to the sensory and other changes that age brings. In an age-friendly community, policies, services and structures related to the physical and social environment are designed to support and enable older people to “age actively” – that is, to live in security, enjoy good health and continue to participate fully in society. Public and commercial settings and services are made accessible to accommodate varying levels of ability. Age-friendly service providers, public officials, community leaders, faith leaders and business people: recognize the great diversity among older persons, promote their inclusion and contribution in all areas of community life, respect their decisions and lifestyle choices, and anticipate and respond flexibly to aging-related needs and preferences.

- Many aspects of urban settings and services can contribute to the participation, health, independence and security of older persons in an agefriendly city. A list of these features is shown in the following table.
- Active ageing age-friendly community
- Participation
- Positive images of older persons
- Accessible and useful information
- Accessible public and private transportation
- Inclusive opportunities for civic, cultural, educational and voluntary engagement
- Barrier-free and enabling interior and exterior spaces

- Health
- Places and programs for active leisure and socialization
- Activities, programs and information to promote health, social and spiritual well-being
- Social support and outreach
- Accessible and appropriate health services
- Good air/water quality

- Security and independence
- Appropriate, accessible, affordable housing
- Accessible home-safety designs and products
- Hazard-free streets and buildings
- Safe roadways and signage for drivers and pedestrians
- Safe, accessible and affordable public transportation
- Services to assist with household chores and home maintenance
- Supports for caregivers

- Accessible stores, banks and professional services
- Supportive neighborhoods
- Safety from abuse and criminal victimization
- Public information and appropriate training
- Emergency plans and disaster recovery
- Appropriate and accessible employment opportunities
- Flexible work practices